

FREE AND EVIDENCE BASED

Youth Suicide and Bullying Prevention
Training

**Created by Mental Health America of
Hawai'i, this training:**

- is based on local and national stats, and experiences of local youth
- increases knowledge and understanding of bullying and suicide
- identifies risk factors and warning signs
- provides skills and resources to help prevent or intervene
- 2 hours long, may be split up in 2 sessions
- limited to 20 students per group



SCHEDULE A TRAINING:

808-521-1846

OR

prevention@mentalhealthhawaii.org